

# Camden Active

## Parent and Toddler Gymnastics

### At Talacre Community Sports Centre



This is your toddler's first opportunity to explore the delights of gymnastics activity through play. This is a safe introduction to soft play equipment, trampoline and other modified apparatus in the gymnastics hall. It is supervised by parents/carers and overseen by a qualified instructor.

For children aged 0 - 4yrs old.

## Timetable

Day	Session 1 ( 45 min)	Session 2 (1 hour)
Monday	9:30 – 10:15am	10:30 – 11:30am
Tuesday	9:30 – 10:15am	10:30 – 11:30am
Wednesday	9:30 – 10:15am	10:30 – 11:30am
Thursday	9:30 – 10:15am	10:30 – 11:30am
Friday	9:30 – 10:15am	10:30 – 11:30am

(Timetable is subject to change and times may vary during school holidays.)

Price per session, per child	Full Price	Out of borough membership	Standard membership	Concession membership
1 hour session	£9.20	£6.35	£5.25	£3.25
45 min session	£6.90	£4.95	£4.10	£2.45

### Rules of Parent and Toddler Gymnastics

- Parent led class, with qualified staff for support.
- Use of mobile phones is PROHIBITED during Parent and Toddler class.
- Adults are not permitted to climb on the apparatus.
- No food or drink is permitted in the gymnastics hall.
- Taking photographs is prohibited during the sessions.
- In the interest of hygiene, we ask all adults to wear socks in the gymnastics hall.

### How to Book

- To book your space first log on to [Better.org.uk](http://Better.org.uk).
- Select “book activity”. Find and select “Talacre Community Sports Centre”.
- Select “Other group sessions” then “Junior group sessions”.
- And finally select the class you wish to attend and proceed with payment.

